

# NEW LIFE NEWS

Richard Wooldridge Director • Vernon Howard Founder

New Life • PO Box 2230 • Pine AZ 85544 • (928) 476-3224 • Fax (928) 476-4743 • E-mail: info@anewlife.org

Copyright©2017 by New Life Foundation. All rights reserved.

## Frequently Asked Questions (FAQs)

Here are some frequently asked questions that we hear and have heard over the years. The responses should help to give you a better understanding of these life-healing teachings. Take them in with a receptive spirit and many mysteries will be dissolved in the light of higher understanding.

**Q:** I've been trying a number of different churches and philosophies looking for answers to questions I have about my life. They all claim to know the answers but mostly I wind up confused again. What makes New Life teachings different?

**A:** New Life is a place for those who have trodden wearily down the road of life and finally have admitted to themselves that they, unfortunately, have been going in the wrong direction. They really know they are lost and that all the advice and solutions they've been given have not solved the fundamental puzzle of why we are here and what we should be doing with our lives. New Life is different because it is based 100% in Truth. The purity of these teachings does what nothing else can. These are not idle claims. Your searching has guided you to the right place. Be different. Make a choice for yourself and walk in a new direction. The real answers to all your questions await you.

**Q:** I am attracted to these teachings but am unsure how to start the work on myself.

**A:** Take one principle that resonates with you and make a super-effort to work with it during the week. You may realize that you're not really very comfortable with other people and even sense that being dependent upon them for approval and smiles is a kind of psychological and emotional slavery. Work at knowing that God has provided a way for your spirit to be independent from this neurotic, demanding world. This does not mean you become a hermit; it means that people will come in and go out of your life on the terms of your higher understanding. You can develop yourself to the point where your self-command will naturally

extend itself to others and you will enjoy your relationships without any discomfort, fear or guilt at all.

**Q:** How do people get mixed up in trying to understand these higher truths?

**A:** Some take them as similar or identical to worldly advice. Take the man or woman who confuses monetary prosperity with spiritual success and security. Vernon assures us you can have little of what this society calls success and be completely victorious in the spiritual realm. A recent 'Secrets of Life' quote said, "Practice at placing the spiritual before the material." It can be a surprisingly healthy shock to realize how little we do this. However, the extent to which we learn to value the invisible over the visible world determines the quality of our inner life. Many people say they want to change themselves but few really mean it. Be one of the few.

**Q:** I've noticed I often seem to be moving along OK through life, but then I feel the pressure and frustration building. How can I stop this strain before the inevitable explosion or lashing out, which I've done so many times in my life?

*("FAQs" continued on p. 3)*

## The Wild Man

by Vernon Howard

There was once a man whose life ran wild. He was a near-alcoholic, he eventually fought with everyone he met, and he was tormented daily by violent thoughts.



right actions."

The wild man exploded with anger and indignation. "Are you mad?" he roared. "I

*("The Wild Man" continued on p. 6)*

Someone told him about a true teacher who knew the cause and the cure of human ruin. "You understand," the wild man was told, "that you must listen carefully to what he says about finding a new life. Then you must energetically turn the words into

## Points to Ponder

by Richard Wooldridge

I recently watched part of a program entitled "Ireland's Wild Coast." In it there was a segment about the journey of wild salmon going from their birthing place in Connemara, County Galway out to the sea and the Atlantic Ocean and back again. It primarily chronicled their trek back to their birthplace. At a certain point while traveling the coastline, they pick up the scent of their homeland and have to wait for certain rains to come before they can start their excursion up the rivers and streams which come down from the mountains. They use tremendous bursts of energy and power to go against the downward flow of the water to reach calmer pools upstream. They even climb waterfalls along the way. Nothing stands in their way of achieving the ultimate goal of reaching their spawning grounds. Once their life cycle is completed they die, but they have fulfilled their purpose here on earth.

It was pretty amazing to watch and you could see that God has put into them the will, the determination to not let anything stand in their way of realizing their ultimate purpose. As I was watching this documentary,

*("Points to Ponder" continued on p. 2)*

## Contents

Banquet Schedule .....	3
Cosmic Command on Sale .....	4
FAQs .....	1, 3, 6
Pagosa Banquet Report ...	2, 3, 5
Points to Ponder .....	1, 2, 5
Powerful Quotes .....	2, 3, 5
Praises for Vernon Howard .....	6
Special Offers .....	4
Spiritual Exercise .....	2, 3, 5
The Wild Man .....	1, 6
Spiritual Regeneration ....	2, 3, 5

## Spiritual Exercise “Spiritual Regeneration”

Transcribed by Regina Netherton from  
a Vernon Howard class lecture

How many of you have a troubled mind? How many would like release and relief once and for all?

You ask yourself, “Why is life so difficult? I have this mental torment, all right. Why is it so hard to break it! I’ve done everything, everything I know to do, and I’m still tormented and the slightest thing can set me off. How come pain is so powerful?”

All right, switch the word ‘pain’ to ‘satanic spirits.’ “How come satanic spirits, evil — which causes crimes, wars, breaking hearts — has its own way in my life and everybody else’s? Nobody I know is free and happy and content.”

**You ask ...,  
“Why is life  
so difficult?”**

Satan, bad people, psychopathic people, who fool you by looking normal, have nothing to lose. At a certain point these millions of human beings decided to step over the line — from the possibility of spiritual regeneration and contact with God — into eternal darkness. Having rejected the grace of God, there is absolutely nothing left for a satanic spirit to do but to do evil. Just as a true spirit gains the reward of a little more light every day, a little closer to God, a little less mental torment — so most of the people have their reward, which is total insanity.

Do a lot of thinking about this exercise, and try to connect it with what you see — the news, friends, acquaintances. For example, have you ever been in a situation where someone tricked you, fooled you, took your money, time, anything, and afterward laughed at you? Satan laughs at you for your stupidity. There is absolutely nothing that a sin-sick soul can do but the next sinful, destructive act. If you got that one point you’d see people differently than you see them now.

Now maybe it’s a little clearer why you’re tormented so much. And you didn’t even know it. Don’t forget this. Evil’s whole time, energy, force is aimed at destroying as many men and women as it can. It’s an awesome picture of how overwhelmingly powerful on this earth are the forces of hell. To say that you have underestimated the enemy is to underestimate the idea.

Fortunately, you have begun to wake up to see what you’re up against. You’ll be watching all day long and understand better that you do not originate evil thoughts or impulses. You do not create criminal

emotions. They are imposed on you from the outside.

If you had complete free choice within would you choose to be tormented? But the problem is that somewhere between your birth and now, you lost your power of free choice. But in your heart if you could choose to never suffer again you would choose it. If you still want to find God, you would choose to put pain away. You can’t say, “I’m not going to think those horrible thoughts anymore.” Your power of choice  
 *(“Spiritual Exercise” continued on p. 3)*

## Pagosa Springs Banquet Report July 2017 by Judith A. & Regina N.

“Let a Higher Spirit Guide You” was the theme for New Life’s July banquet talks, based on the Vernon Howard MP3 CD of the same name. The ten talks on this MP3 CD contain some of the strongest and most inspiring messages Vernon set forth in his unforgettable stories. People traveled all the way to Colorado from various parts of the U.S., including California, Pennsylvania, Texas, North Carolina and South Dakota.

**Friday talks** — Beginning the weekend’s series of talks Friday evening, speakers emphasized the importance of awareness, self-responsibility and Do-It-Yourself initiative. Moe Janosec recalled in the talks “Inspiring Interviews with Vernon Howard” that we’re not victims of circumstances; we are the circumstances. “Real success is to not be a victim of one’s own negative emotions.... All evil people operate in the name of God,” quoted Moe, forcefully adding we should say, “I’m not going to lie to myself anymore!”

*(Banquet Report continued on p. 3)*



## Points to Ponder (continued)

it occurred to me that most men and women never reach their spiritual home, never fulfill the real purpose of their lives here on earth. They get sidetracked and distracted by the pretty baubles or by the sickness and negativity of this world. The salmon, in contrast, never lose sight of or deviate from their life mission.

Vernon Howard tells us in **A Treasury of Trueness**, “The purpose of life is to outgrow your dependence on physical places, people and things and develop within you a source of higher power.” It is to arrive at the point where we actually see there’s real existence on this earth for each of us, right now. But because we take the unreal as the real, we are tricked and deceived by the charlatans of this world, both inside of us and outside of us. In the Merriam-Webster dictionary, the definition of a charlatan is a person who pretends to have skills or knowledge that the person does not actually have; showy pretenses of knowledge or ability.

Ponder this: If we had real existence there would be no fear of death. The fear is there because we are living a fake life. It is the imposter that is afraid of its extinction. The salmon don’t lament over the fact that they are going to die, they don’t even think about that. So why should we? In **The Mystic Path to Cosmic Power**, Vernon writes, “People wear a variety of masks, smiling masks, wise-appearing ones, excited ones, masks of worldly success, all in a frantic attempt to convince themselves and others that the act is real.”

If we were as determined as the salmon are to reach their spawning grounds don’t you think things would be different than they are now for you and me? If we truly had a higher aim in our lives, don’t you see that something else would begin to take care of and handle things for us? All these obstacles that seem so insurmountable would be as nothing. All problems would magically disappear. But we must begin to see through the hoax.

Man keeps making the same mistake over and over again. He keeps repeating himself. He thinks that if he makes the next big sale or another \$10,000, that’s going to provide lasting security. If he takes another trip to that exotic vacation spot where the cool tropical breezes are gently blowing, where there are white sandy beaches, where the temperature is 78 degrees all year round and the ocean is azure blue, that’s going to make him happy. She believes that if the man  
 *(“Points to Ponder” continued on p. 5)*

### **FAQs (continued)**

**A:** Realize that you're unnecessarily living from a wrong part of yourself. That wrong part is always wrapped up with useless and repetitive thought. It then very quickly welcomes its low buddies — negative emotions. Break the spell! Relax from unnecessary thought. Be as fierce as you can, inwardly, against these unwanted invaders. Vernon told us that who we really are has no need to be worried or frustrated over anything whatsoever.

**Q:** Please summarize the basis of what Vernon Howard teaches.

**A:** Vernon once said if there was one phrase he would put in huge letters on the side of the New Life building it was “SOMETHING ELSE.” He wanted to shout it from the rooftops. There is something else besides the overwhelming obstacles and circumstances we face in this wobbly and scary world. There truly is another way to go through life and to live in complete spiritual safety and protection. But this higher life isn't made up of trying to feel secure by getting money, relationships, power or anything else from outer circumstances. Genuine knowing and happiness is discovered in the inner world. Within us there is a center that is not part of this world at all. It stands free and untroubled in the midst of all the craziness.

**Q:** How can I know this center within?

**A:** It is already there but must be uncovered and activated, in part by the honest *(“FAQs” continued on p. 6)*

### **Spiritual Exercise (continued)**

has yet to be developed to where you can know what to do when one of these evil thoughts comes to you.

First of all, see how presently helpless you are. Just admit that right now. They can implant shameful sex thoughts into your mind. They can pass a quick scene through your mind where you're beating up an enemy physically. Just nod inwardly because you know that's true. You don't yet know how satanic spirits come from hell, outside of you, and plant them inside of you, and make you think that they're your thoughts. And also tell you, “Oh how shameful you are! You get rid of those thoughts!” And you fall for that! And because you can't get rid of those ideas, torment is added to torment, right?

But now we've exposed the devil. And you can think clearly toward any kind of a sick, psychopathic, ill thought that comes to you. One, “It is there all right. I did not originate it. I am not its sickness, its *(“Spiritual Exercise” continued on p. 5)*

### **Pagosa Springs Banquet Report (continued)**

**Saturday** — “I'm going to shake you up!” New Life Director Richard Wooldridge began on Banquet Day, as he and several other speakers and students continually challenged our unseen egotism and false personality. A very helpful directive, especially applicable to the entire banquet experience, was to “try to get free of your reactions to people.” Richard said you're hurting yourself constantly, as when feeding on negativity, feeling thwarted, wandering around asleep, etc. Then “if you hate yourself for your mistake, the dumb thing you did, you'll do it again. So interrupt yourself and see the mistake consciously.” There can also be freedom from the belief in labels, from identifying the self as “I” or being a know-it-all. You can simply be “a point of awareness.”

From the “Library of Spiritual Truths” talks, Doug Stewart recalled to us the excellent classification of three kinds of human beings and states: workers, loafers and saboteurs. He described the Ship of Life which requires those who want to reach Truth to “throw out your life boats,” that is, wanting your own way instead of “coming out from among them,” out from among those who choose to remain loyal to this world.

A barbecue buffet meal and bountiful desserts followed the talks, with soft pretty music adding a harmonious background. During informal entertainment, we danced in a large circle to old fashioned music. A lighthearted and freer state gradually replaced the chains of resistance. Nearly everyone participated in the fun, animated “chicken dance” that helps to break down the fear of looking “foolish” in front of others.

**Sunday** — A saunter and scramble up the Happy Trail leads to the pergola where another inspirational class was held. The sound of the rippling stream, the Rito Blanco, only enriched the quiet setting. While we sat in the beautiful forest on the hillside, the birds and squirrels were boisterously rejoicing in life, and we too could feel the exuberance in hearing fresh truths anew. A bit of humor was added by a testy squirrel in a tree close by who became vocal when Moe gave an announcement. [It seems to be only when Moe speaks that the squirrel gets vocal!]

From the talk “The Secret Weapon that Guarantees Victory” Robin Kent reminded us of that unforgettable story about the family at the seashore who taught their children, as we must learn, that “the waves never lie”: what we put out we get back. Instead of asking “How long will

this take?” we are urged to find out for ourselves that nothing is more fun than continually giving up our misery and refusing to suffer. Then by leaving a space, more energy and Life is given to us. As was related by several speakers, we must give something up to have something new.

Another speaker gave a good analogy of how driving on the wrong side of the road during road construction resembles society always telling us what's right when you sense it's wrong. Bill Brown set forth Vernon's concise two-word commandment: Stop lying! Bill concluded that you have to get something that you can't get from your mind. “Vernon said to write the following down: ‘To get these higher things, you have to obtain something you can't give to yourself. You have to leave empty space.’ Truth will lift us up if we will give up lying about our actual inner state. Don't tell God what to do. Be completely passive.”

#### **Banquet comments and praises —**

“I know I'm going to a right place,” thought one student when he was in his car driving to Pagosa. Others described healthy, worthwhile results. “I actually had fun!” recollected Doug, “though I made a slew of mistakes and the perfectionist stuff went away.” Sherry Day reminded us it is the false self that is the pain. Jeff Fisher said a benefit of the banquet is

*(Banquet Report continued on p. 5)*

### **Banquet Invitation**

New Life Foundation has been having banquets for over 35 years. These special weekends were established by Vernon Howard for the purpose of teaching unique spiritual lessons. So many elements of both the spiritual and physical are brought together in one congenial setting. It is pleasant being with like-minded people who are trying to work on themselves.

**Join us for one, two or all three**

**Thanksgiving in Westminster, CA**  
**Thursday • November 23 • 10 AM**  
(Classes on Wed, Thurs, Fri and Sun)

**Christmas in Strawberry, AZ**  
**Monday • December 25 • 9 AM**  
(Classes on Wed, Sat, Sun and Mon)

**Irish Banquet in Strawberry, AZ**  
**Saturday • March 10 • 9 AM**  
(Classes on Wed, Sat and Sun)

*For more details call us or visit our website.  
928-476-3224 or [www.anewlife.org](http://www.anewlife.org)*

ITEM #	DESCRIPTION	QTY	PRICE	TOTAL
1	1500 Ways to Escape the Human Jungle		\$5	
2	Cosmic Command		\$6	
3	Inspire Yourself		\$6	
4	A Treasury of Trueness		\$9	
5	50 Ways to Escape Cruel People		\$1.50	
6	Expose Human Sharks 100 Ways		\$2.25	
<b>SHIPPING &amp; HANDLING</b> <b>1 to 4 items - \$7.50 • 5 to 20 items - \$14</b> <b>21 to 40 items - \$19</b>		CA residents add 7.50% tax		
		← SHIPPING		
		GRAND TOTAL		

Name \_\_\_\_\_  
Billing address \_\_\_\_\_  
Shipping address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ E-mail address \_\_\_\_\_  
Credit Card Type (Circle one) Visa MasterCard Discover American Express  
Credit Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_ Card Verification # \_\_\_\_\_  
Y17B



[www.anewlife.org](http://www.anewlife.org)

**Send today to:**  
**New Life Foundation**  
**PO Box 2230**  
**Pine AZ 85544**

**Be sure to include your telephone number and e-mail address if ordering by credit card. The phone number is necessary in case of questions.**

### — Super Special Offers —



#### 1500 Ways to Escape the Human Jungle

There are 1500 of the clearest, most on-target Higher Truths you will ever read.  
(Paperback book - 214 pages)

**Normally \$7 • Now Only \$5**



#### Cosmic Command

A complete library of the great wisdom of the ages. With these higher guides, release the cosmic power within you and be safe always.  
(Softcover book - 200 pages)

**Normally \$8 • Now Only \$6**

#### Inspire Yourself

You will sight entirely new guideposts which lead upward. It is composed of delightful short stories followed by a higher moral truth.  
(Softcover book - 208 pages)

**Normally \$8 • Only \$6**



#### A Treasury of Trueness

This magnificent volume is filled with beautiful gems of wisdom given by Vernon Howard over a 20-year period.

(Softcover book - 264 pages)

**Normally \$12 • Only \$9**



#### 50 Ways to Escape Cruel People

Learn how to rise above intimidation and attack.

**Normally \$2 • Now Only \$1.50**



#### Expose Human Sharks 100 Ways

Magic glasses for seeing through tricky people.

**Normally \$3 • Now Only \$2.25**

**Vernon Howard Books & Booklets Make Great Gifts!**

(The above special offers are good till January 1, 2018)

**Please send Check, Money Order or order by Credit Card. SORRY NO CODs.**

(All shipping is by UPS or USPS. Contact us if interested in expedited shipping. Online orders will give you many shipping options.)

All items on this page are available at our online bookstore. Go to [www.anewlife.org](http://www.anewlife.org) and click on Bookstore.

### Points to Ponder by Richard Wooldridge (continued)

of her dreams appears, even after twenty past failed relationships, that's going to change life for the better and take away the awful ache. Your particular escape may not be so fanciful but everyone is still running away from something.

We unconsciously suffer from "the next syndrome." We don't see that the next isn't going to do it for us. It will never work. Something exists though that can take away the pain, the heartache and suffering, the compulsive desires, the fear of what other people can do to you, the secret shames and guilts carried over from past follies and can put an end to the misery once and for all. It is reunion with God, with who we really are. We can begin to call the bluff on the gigantic hoax that has been played on us, the trick that keeps our attention on the temporary and not on the infinite.

Let's examine a certain point. Everyone thinks they're going somewhere and accomplishing something. That's a lie, an illusion. We assume we're capturing a moment in time, or satisfying a desire that will somehow fulfill us, or cementing our place in history. We believe we're accumulating comforting memories, or gathering experiences, or leaving a permanent legacy. And somehow all of this accumulating will help us to reach some future heaven or nirvana. None of these things are real. They are only temporary and fleeting because they exist in time and memory only. There is absolutely nothing we can take with us when we leave this earthly life. We can only live in the present. The salmon doesn't stop and think, "Well, what should I do next?" or "Let me stop what I'm doing and take a selfie and capture this big adventure I'm on for a keepsake." The salmon does what it is intended to do. It does not live with a time nature.

Do you see that this is the trick that is being played on us? Society is trying to get us to believe in an illusion. In Chapter 1 of **A Treasury of Trueness**, Vernon Howard states, *"Nothing is important in life except to be spiritually awake right now."* Awareness is the only thing which matters. Let's use a different word, stillness. If the mind is quiet, there is awareness. I can then observe my thoughts. I don't have to be worried about the next business deal I'm going to make because there is another unconscious thought telling me my life is being wasted, which then sets off another anxious thought, etc., etc.

I can see that while I'm waiting for the cook to finish my fried chicken club

sandwich with Applewood smoked bacon on it, I can either quietly stand out of the way or go find a seat and relax. There is no compulsion to do anything but to sit still. I am then free to watch that man eating at a table with his wife and quickly raising his right arm and throwing a bite of food into his mouth from a short distance. Well, that's odd, he doesn't even know he did that. That lady behind the cash register is new at the job so she's a bit nervous because she's afraid she might make a mistake. It really isn't necessary for her to be afraid but she doesn't know that. A middle-aged man is also nervously waiting for some sandwiches as well. He doesn't know what to do with himself while waiting, so his mind tells him he has to be nervous and fidgety. He's very uncomfortable and that's what he's putting out into the atmosphere. A woman walks in the door very unnaturally. She's also in a hurry. She has to get back to work or back to whatever she's doing because she has told herself there isn't enough time to do all the things she thinks she must do. She hastily grabs a couple of items to go and forcefully puts them on the counter to be checked out. Her aggressiveness is unnatural and unnecessary. She's really afraid behind that mask of being in control.

All of this happened in a few minutes time. It goes on all day long with almost every human being on earth, including us, but no one is aware of it. If we want to get well we're going to have to start seeing all these things.

There's tremendous power and energy in beginning to unravel the mysteries of human life and seeing the truth about ourselves. There should be great enthusiasm as these things are being revealed to us. But it is essential that the negative impressions be purged from us. The salmon is being animated by God to do what it's supposed to do. So should we. All we have to do is to discover who we really are and all will be well.



### Pagosa Banquet Report (cont.)

that it shows you when seeing your mistakes how much work on yourself is needed.

Characterizing the atmosphere and the entertainment, Karen West told how great it feels to laugh. Bill's humorous skit "Puns Intended" got the most laughter in the formal entertainment. Karen said, "I loved the song about Wild Montana Skies; it touched my heart." Like the other old western songs, such as The Waltz of the Hills, it was rich with harmony and little life-lessons as well. We have wonderful singers at New Life that augment the fullness of our spiritual experience.

The banquet emphasized the help available at New Life Foundation, to understand the necessity of learning how to become aware. Awareness is very rare in this dark world, where everyone is asleep but believes he is awake. In conclusion, Richard sent us home with new strength, energy and resolve. He said we must learn to "Speak up! Go against yourself. There's gotta be more enthusiasm in you!... Come back!"

### Spiritual Exercise (continued)

insanity. Yes, it was in my mind. It was in my body. But I am not that thought, and I am never again going to fall for the sinister, satanic lies that try to make me think that I am because I can see the consequences of believing that lie! See them! I lived in the hell of them for as long as I've been on this earth!

"I receive those thoughts, which is different from being them. I am not them. I had them, but I will never again believe that they make up my self, my identity, my nature. I'm going to go with that true belief. But in my ignorance, in my spiritual sleep, because I'm not aware of the outside hells that have been doing this to me all these years, they were able to do damage like causing anguish and confusion and even contort the physical body.

"Because of the new information, spiritual insight, I can start all over and realize that while in my ignorance and spiritual sleep, I have been a victim, I also know that though I couldn't save myself, there is salvation." And now, you have brought God into the picture.

Your very wish to comprehend, to absorb and work with this is in itself pro-God. It means that you are choosing the upper side. You're going upward simply by wanting to know more. And you can know more about how pain comes in, how evil thoughts are planted in your mind, but they're not really your thoughts.



[www.anewlife.org](http://www.anewlife.org)

**New Life Foundation  
PO Box 2230  
Pine AZ 85544**

Presrt Std  
U.S. POSTAGE PAID  
PINE, AZ  
Permit #57

## ADDRESS SERVICE REQUESTED

**Powerful Lessons,  
Exercises, Quotes,  
FAQs, Special Offers,  
Uplifting Truths  
and much more inside**

### Praises

#### E-mail from man:

I want to share how the book **Cosmic Command** opened up to me in a magical way. As I read entry #1202, "Treasure thoroughness," it occurred to me that the number 1202 was related to an address and that I could use numbers I stumble upon throughout the day to study this beautiful book in a new way! Now when I see the time on the clock, a date, a price on a menu, signs on the road ... they are all messages to be found within this book (or the book **1500 Ways to Escape the Human Jungle**). In this way, I'm putting to use the instructions to "treasure thoroughness." Please share this if it can be of benefit to others. Thank you for continuing to share this message.

#### Phone call from lady in New York:

I just finished reading **Your Power to Say NO** by Vernon Howard and I just wanted to say how moved I was reading it. It is really helping me with something I'm going through right now. I'm certain that there are many people out there who are also very grateful for his work. I plan to share his teachings and pick up more copies to give to others. Thanks again. I really appreciate learning how to just say no!

#### E-mail from man in California:

The "Spiritual Exercises" in the New Life Newsletter always seem to have a perfect answer to a matter that's been of great concern to me. It's amazing how Truth knows just what our problems are and presents the right way to solve them, just when we need it.

#### E-mail from lady in Canada:

Thank you so much. I am thankful to God to have these resources available to me.

#### E-mail from man:

I used today's 'Secrets of Life' quote to handle a phone call at my workplace. The call was about business that had already been taken care of and in handling it, I placed the spiritual before the material, with my first aim being to speak with self-awareness. That began by not avoiding the call. It continued by being pleasant to the person on the other end of the phone.

#### E-mail from man in Virginia:

New Life teachings surpass ordinary riches and gold. Waking up from psychic sleep is the most intelligent way to spend your time.

#### E-mail from man:

Thank you Vernon for helping me find my walking stick to aid me on the path.

### The Wild Man (continued)

must learn about a new life? What? And lose control of my own life!"

*The more a man is out of control the louder will he insist that he possesses self-control.*

(This is from the book **Inspire Yourself**)

### FAQs (continued)

admission that we have never really known how to deliver ourselves from inner pain and negativity. Troubled states may go away temporarily but always come back to reassert themselves, don't they? With that realization can come the certainty that only something else, something not part of the habitual psychic system, can rescue us. So instead of spending the day looking for comfort and affirmation where it cannot be found, we can choose to direct our considerable energies toward connecting with what is above this warring world.

**Q:** What is wrong with this society?

**A:** It focuses on the shallow and trivial, not on the vital and the necessary. What is more important than recovering your essence, your soul?

**Download eBooks at New Life website**